

LLN Self Assessment Checklist

Rate yourself on the following tasks:

Answer: **YES** (I can do this by myself) **OR** **NO** (I need help to do this)

Tasks	In English?	In my first language?
Read the time on a clock (digital or analogue)	YES/NO	YES/NO
Use a calculator	YES/NO	YES/NO
Add up the prices of things in my head	YES/NO	YES/NO
Work out how much change I should be given when paying for shopping	YES/NO	YES/NO
Know roughly how tall I am in centimetres	YES/NO	YES/NO
Make a guess how much things weigh in kilograms	YES/NO	YES/NO
Use a map to find a place	YES/NO	YES/NO
Look up a phone number in a telephone book or on the internet	YES/NO	YES/NO
Read and understand letters or bills	YES/NO	YES/NO
Take a phone message and write it down accurately	YES/NO	YES/NO
Fill in a form (eg. A timesheet for work)	YES/NO	YES/NO
Write notes letter or emails	YES/NO	YES/NO
Speak at meetings or in a group	YES/NO	YES/NO
Do my banking	YES/NO	YES/NO
Follow instructions for a task	YES/NO	YES/NO
Order supplies from a list	YES/NO	YES/NO